



## Forty Days from the Diary of a Delusional Man: Revelations and Meditations

By Jeffrey Hochstedler

iUniverse.com. Hardcover. Book Condition: New. Hardcover. 148 pages. Dimensions: 9.0in. x 6.0in. x 0.5in. This memoir takes a look into the heart and mind of one man who suffers from schizoaffective and bipolar disorders. Jeffrey Hochstedler's life has seen its share of twists and turns—a culmination of the many choices and decisions made at any one time. In this memoir, he shares revelations and meditations from events in his daily life and how these occurrences shaped the man he is today. Written in diary format, *Forty Days from the Diary of a Delusional Man* illustrates how his mind thinks, feels, and perceives. He reveals details from many parts of his life—his birth in 1957; growing up in Indiana with his parents and brother; battling depression in his teen years; enlisting in the Army in 1981; dealing with his relationships and his schizoaffective and bipolar disorders; and finding solace in art. With many examples of Hochstedler's art included, *Forty Days from the Diary of a Delusional Man* shows how he was affected by confusion and despair. But it also communicates how he leaned on art and God to survive each day. This item ships from multiple locations. Your book may arrive from...



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