



## Words of Common Sense: For Mind, Body and Soul

By David Steindl-Rast

Templeton Foundation Press, U.S. Hardback. Book Condition: new. BRAND NEW, Words of Common Sense: For Mind, Body and Soul, David Steindl-Rast, We are surrounded by treasures, so obvious, we cannot see them. These treasures are the words of common sense passed through the ages throughout many cultures in the form of maxims, proverbs and wise sayings. They may be taken for granted but, upon examination, it is clear how much wisdom they contain. Brother David Steindl-Rast takes us on a journey of discovery by identifying the wonder of the ordinary found in common sense. In a humble and insightful way he illuminates the teachings that are passed from one generation to the next. These words of common sense bring to light the important virtues and ethics that are valued by human beings worldwide. "When you drink from a stream, remember the spring," says a wise Chinese proverb that evokes thanksgiving and reflection. "A contented heart is a continual feast" directs a person to look within for their happiness rather than without. Words Of Common Sense helps to make a rewarding life possible within the trials of everyday living as one discovers that within the ordinary can be found the keys to...



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