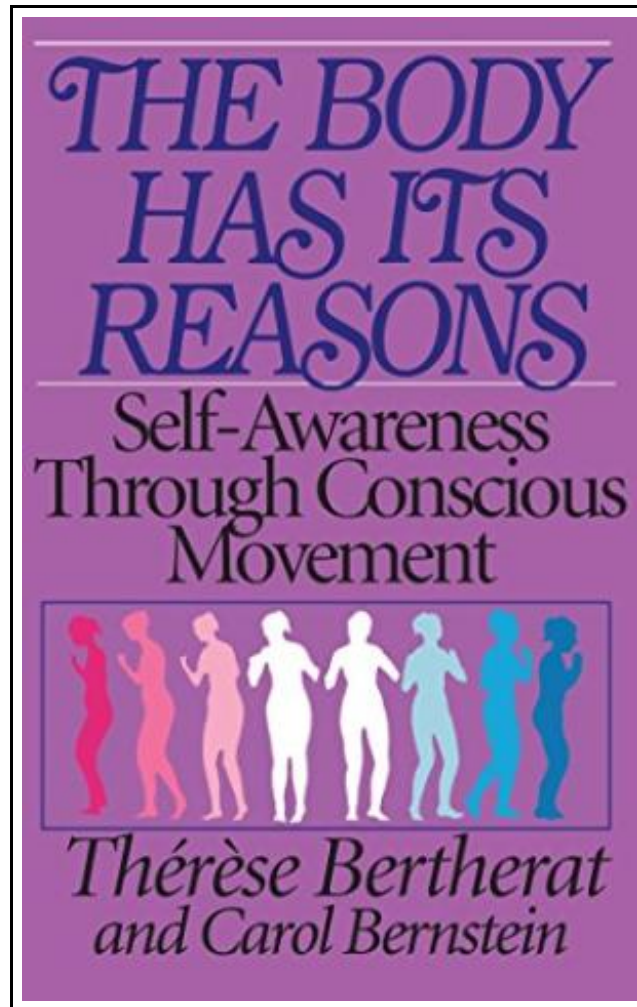


## The Body Has Its Reasons: Self-Awareness Through Conscious Movement



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## THE BODY HAS ITS REASONS: SELF-AWARENESS THROUGH CONSCIOUS MOVEMENT

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