



Black Belt Excellence 9 Secrets Reveal the Truth about Family Martial Arts Training

By Master Phil Nguyen

Black Belt Excellence Inc. Paperback. Book Condition: New. Paperback. 90 pages. Dimensions: 8.5in. x 5.5in. x 0.4in. Discover the 9 Secrets of Black Belt Excellence in Choosing a Great Family Martial Arts School. Black Belt Excellence is a metaphor for you achieving personal excellence at home, school, work, and your community. Benefits of Martial Arts Training for Families: Shy Kids Become Super-CONFIDENT. HYPER Kids Gain CONTROL Of Their Energy And Emotions. Girls With Low SELF-ESTEEM Turn Into SELF-ASSURED Young Women. Boys With Low SELF-CONFIDENCE Turn Into SUCCESSFUL Young Men. STRESSED Out Moms Transform Into SENSATIONALLY POWERFUL Women. OUT-OF-SHAPE Dads Get Into The BEST SHAPE Of Their Life. A Student With DOWN Syndrome Who UP-Lift Our Spirits. Students From SINGLE-Parent Homes Who DOUBLE Up Their Efforts In Class. ORDINARY People Accomplish EXTRAORDINARY Things They Never Thought Possible Themselves. Learn how the entire family can benefit from a martial arts mindset to live life to the fullest. Please share your views by leaving a comment on Amazon and then share this wisdom with your social networks. The Black Belt Excellence Book is a must-have in everybody's library. I bow to the awesomeness in you! Master Phil Nguyen, 7th Degree Black Belt This item...



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