



## Trout Caviar: Recipes from a Northern Forager (Hardback)

By Brett Laidlaw

Minnesota Historical Society Press, U.S., United States, 2011.

Hardback. Book Condition: New. New.. 226 x 196 mm.

Language: English . Brand New Book. From flavorful artisanal cheeses to the year-round plenty of farmers markets to the first wild ramps of spring, options for eating well in Minnesota and Wisconsin abound. Brett Laidlaw has taken advantage of these local treasures for decades, and in *Trout Caviar* he shares tips and recipes to help you embrace the gifts our northern climate provides. Laidlaw cultivates relationships with specialty stores and artisanal purveyors to gather food that comes with a toothsome sense of place: fresh Lake Superior fish, pastured lamb, plump duck for rich confit. He gardens and frequents farmers markets to savor seasonal produce, from the earliest lettuces through the flavorful peak of tomato season and on to winter's store of apples, potatoes, and squashes. But Laidlaw takes fresh a step further by foraging truly wild foods: chanterelles, nettles, berries, trout fresh from the stream. He combines the best of the best to create recipes such as Summer Lake Trout Chowder, Grouse in Cider Cream, and Grilled Dessert Pizza with Rhubarb-Honey-Thyme compote. Laidlaw also includes practical information about mushroom hunting, curing bacon, laissez-faire gardening, and...

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