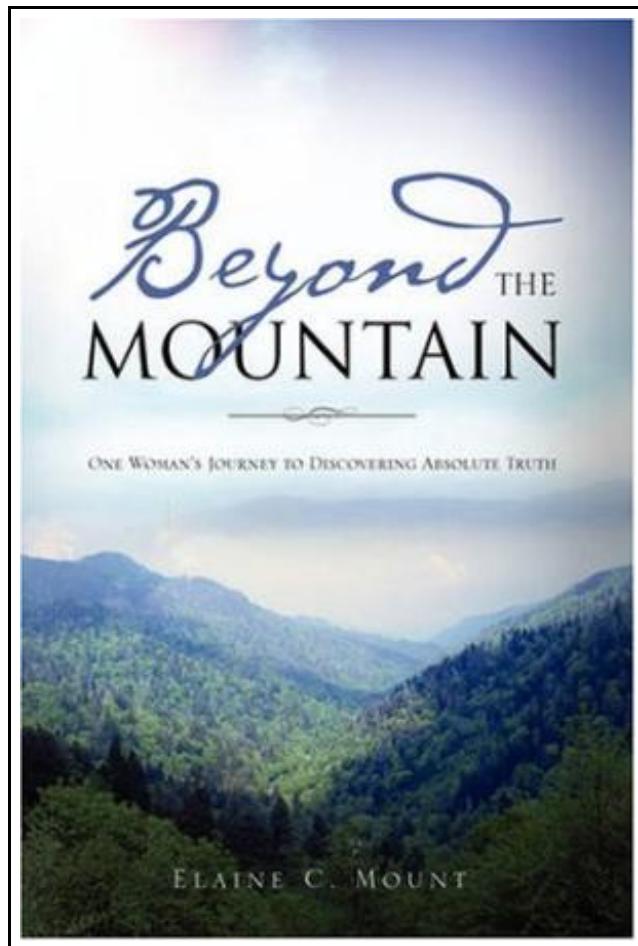


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Xulon Press, United States, 2008. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Do you ever wonder why you are so afraid? What happened that made you afraid for many years? Did you feel scared or doubt God's love for you even though you tried so hard to please him? Have you suffered severe depression, panic attacks, low self esteem, feelings that made you feel unworthy? Have you been housebound; afraid to go out? Are you being controlled by scary thoughts of doom? Do you allow others to control you? Do you need others' approval to make you feel good about yourself? This book takes you on one woman's journey to search for answers to all these questions and more. But she soon discovered, while reaching out for help in overcoming panic attacks and depression that God was allowing her to be set free from those things that had her bound. Read how Elaine overcame victoriously, after many years of panic attacks and depression, but how she discovered something in her journey that she had been searching for all her life! Elaine Mount has always loved writing in her journals and writing poetry. She is retired from the Wilson County Schools where she held jobs as Bookkeeper, Secretary, and Registrar. She is a member of the Lebanon/Wilson County Chamber of Commerce where she is on the Ambassadors Committee. She is a member of Wilson One, an organization for enablement of working woman paid and non - paid to provide networking opportunities, as well as a volunteer at UMC Hospital. She was facilitator at Counseling Services of Tennessee in Domestic Violence, Issues in Honest, Anger Management and Parenting classes. Elaine has been married to her husband, Glen for...

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